



Time of Creation 2023

Let justice and peace flow

The Season of Creation (1 September to 4 October) invites us to promote ecological awareness and care for the planet, and offers us the opportunity to renew our relationship with the Creator and all of Creation.

Watch this video

https://youtu.be/H9b534nvL38?si=uYokfyq9DHPMDqDY

We invite you to put the Pope's advice into practice.

10 tips to bring joy in one's life

POPE FRANCIS' 10 TIPS TO BRING JOY IN ONE'S LIFE

1. Live and Let live
2. Be Giving of yourself to others
3. Proceed calmly in life
4. Have a healthy sense of leisure
5. Sunday is for families
6. Find ways to employ the youth
7. Respect and care for nature
8. Stop being negative
9. Respect others' beliefs
10. Work for peace

https://www.micatholic.org/advocacy/news-room/focus/2020/care-for-our-common-home/



How can we put this into practice in the community, at the work centre, in the group...?

You can share your actions with us and we will publish them on the website